

# Couples Satisfaction Index - 16 (CSI-16)

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## Couples Satisfaction Index - 32 (CSI-32)

### 1. Please enter your information:

First Name:

Last Name:

Date of Birth:

2.		Extremely Unhappy	Fairly Unhappy	A Little Unhappy	Happy	Very Happy	Extremely Happy	Perfect
	Please indicate the degree of happiness, all things considered, of your relationship							

3.		All the time	Most of the time	More often then not	Occasionally	Rarely	Never
	2. In general, how often do you think that things between you and your partner are going well?						

4.		Not at all TRUE	A little TRUE	Somewhat TRUE	Mostly TRUE	Almost Completely TRUE	Completely TRUE
	3. Our relationship is strong						
	4. My relationship with my partner makes me happy						
	5. I have a warm and comfortable relationship with my partner						
	6. I really feel like part of a team with my partner						

5.		Not at all	A little	Somewhat	Mostly	Almost completely	Completely
	7. How rewarding is your relationship with your partner?						
	8. How well does your partner meet your needs?						
	9. To what extent has your relationship met your original expectations?						
	10. In general, how satisfied are you with your relationship?						

6. For each of the following items, select the answer that best describes how you feel about your relationship. Base your responses on your first impressions and immediate feelings about the item.

	Interesting	4	3	2	1	Boring
Select how you feel about your relationship:						

7.		Bad	1	2	3	4	Good
	Select how you feel about your relationship:						

8.		Full	4	3	2	1	Empty
	Select how you feel about your relationship:						

9.		Sturdy	4	3	2	1	Fragile
	Select how you feel about your relationship:						

10.		Discouraging	1	2	3	4	Hopeful
	Select how you feel about your relationship:						

11.		Enjoyable	4	3	2	1	Miserable
	Select how you feel about your relationship:						

## Scoring and Citations (Office Use Only):

### Scoring:

To score the Couples Satisfaction Index (CSI-16), add up the point values of each item's response. The total score can range from 0 to 81, with higher scores indicating higher levels of relationship satisfaction.

A score below 51.5 suggests notable relationship dissatisfaction.

### Interpretation:

CSI-16 scores can range from 0 to 81. Higher scores indicate higher levels of relationship satisfaction. CSI-16 scores falling below 51.5 suggest notable relationship dissatisfaction.

### Permission for Use:

The CSI scales were developed to be freely available for research and clinical use. No further permission is required beyond this form and the authors will not generate study-specific permission letters.

### Citation:

If you are using this scale, then you should cite the research article validating it as follows:

Funk, J.L., & Rogge, R.D. (2007). Testing the ruler with item response theory: Increasing precision of measurement for relationship satisfaction with the Couples Satisfaction Index. *Journal of Family Psychology*, 21(4), 572.