

Columbia Impairment Score Youth (CIS-Y)

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1. Please enter the client's information:

Client First Name:

Client Last Name:

Client DOB:

There are thirteen areas of behavior for you to rate from 0 (No problem) for you to 4 (Very bad problem) for you.

Rate each item by circling the number that is best describes your behavior at the present time. Since your behavior will change over time, only take into consideration how you feel your recent behavior (within the PAST WEEK OR TWO) has been.

PLEASE RATE ALL THIRTEEN ITEMS.

Circle the number 5 if you don't know or the question does not apply to you. If you do not understand an item or items ask the staff person to clarify it for you. S/he will be glad to do so.

2. In general, how much of a problem do you think you have with:

	0 - No Problem	1	2 - Some Problem	3	4 - Very Bad Problem	5 - Not Applicable/Don't Know
1)...getting into trouble?						
2)...getting along with your mother/mother figure.						
3)...getting along with your father/father figure.						
4)...feeling unhappy or sad?						

3. How much of a problem would you say you have:

	0 - No Problem	1	2 - Some Problem	3	4 - Very Bad Problem	5 - Not Applicable/Don't Know
5)...with your behavior at school? (or at your job)						
6)...with having fun?						
7)...getting along with adults other than (your mother and/or your father)?						

4. How much of a problem do you have:

	0 - No Problem	1	2 - Some Problem	3	4 - Very Bad Problem	5 - Not Applicable/Don't Know
8)...with feeling nervous or afraid?						
9)...getting along with your sister(s) and/or brother(s)?						
10) ...getting along with other kids your age?						

5. How much of a problem would you say you have:

	0 - No Problem	1	2 - Some Problem	3	4 - Very Bad Problem	5 - Not Applicable/Don't Know
11)...getting involved in activities like sports or hobbies?						
12)...with your school work (doing your job)?						
13)...with your behavior at home?						

Scoring and Copyright (Office Use Only):

Scoring:

- A total score of ≥ 15 is a cut-off for "definite impairment"

Source:

Bird, H. R., Shaffer, D., Fisher, P., Gould, M. S., Staghezza, B., Chen, J. Y., & Hoven, C. (1993). *Columbia Impairment Scale (CIS)* [Database record]. APA PsycTests.

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